

# Turkey Trail Trot Friday

## Friday 10K

Race Date

November 29, 2019

### Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jacob Zarzycki	Harrison Twp MI	3	26	850	2	45:04	7:17/M
2	Adam Crampton	Clawson MI	3	29	992	5	50:44	8:12/M
3	Aaron Gomez	Mexico City	3	23	994	48	1:19:49	12:55/M

### Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Danielle Filipek	Marcellus MI	3	28	112	3	47:24	7:39/M
2	Jean Boyer	Rochester MI	3	28	993	12	54:30	8:53/M
3	Kayla Galietti	Fraser MI	3	28	836	28	1:05:37	10:38/M
4	Sofia Ramirez Hernandez	Wyoming MI	3	29	845	47	1:19:47	12:55/M
5	Juana Gasso	Sterling Heights MI	7	25	9	57	1:43:40	16:48/M

### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeffrey Alberghini	Southfield MI	7	39	1	1	44:28	7:11/M
2	Jon Kozak	Dayton OH	3	30	838	6	50:50	8:12/M
3	Torben Tiersch	Royal Oak MI	3	36	848	8	51:03	8:15/M
4	Matthew Martin	Chicago IL	3	36	841	9	51:20	8:17/M
5	Cody Gilbert	Sterling Heights MI	7	30	10	21	1:00:55	9:52/M

### Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Samantha Zalupski	Warren MI	7	30	32	17	58:36	9:28/M
2	Lauren Rider	Lake Orion MI	3	33	846	23	1:01:22	9:56/M
3	Dallas Martin	Chicago IL	3	37	840	26	1:03:49	10:19/M
4	Misty Gunn	Capac MI	3	38	974	44	1:16:24	12:21/M
5	Christine Russell	Clarkston MI	7	39	86	50	1:23:33	13:33/M
6	Stephanie Suszek	Auburn Hills MI	7	33	27	51	1:24:20	13:39/M

### Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eric McKeon	Rochester MI	3	44	843	7	51:02	8:15/M
2	Daniel Simon	Clarkston MI	7	43	25	11	53:38	8:40/M
3	Randy Arellano	Dearborn MI	3	49	833	27	1:05:14	10:33/M
4	Marco Bianchini	Rochester MI	7	46	4	31	1:07:44	10:56/M
5	David Baier	Macomb MI	7	47	2	35	1:09:15	11:12/M

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6	Kris Hahn	Fraser MI	7	44	12	42	1:14:13	12:02/M
7	Chris Roney	Flushing MI	3	40	289	49	1:19:55	12:54/M
8	Phil Lupo	Garden City MI	3	47	984	56	1:36:37	15:37/M

### Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erica Walsh	St Joseph MI	3	42	849	14	56:37	9:09/M
2	Michelle Trachsel	Macomb Township MI	7	41	30	24	1:01:33	9:57/M
3	Jennifer Hollister	Washington Twp MI	7	44	84	30	1:06:36	10:46/M
4	Jessica McDonald	Marysville MI	3	42	842	37	1:11:54	11:38/M
5	Rebecca Osterland	East China MI	3	49	844	38	1:11:56	11:38/M
6	Sandra Scarcella	Macomb Township MI	7	46	23	40	1:12:34	11:45/M
7	Annie Durkin	Utica MI	3	43	899	41	1:12:35	11:45/M
8	Lisa King	Oxford MI	7	46	16	43	1:16:23	12:21/M
9	Jenny McEntire	Rochester Hills MI	7	49	20	45	1:18:05	12:40/M
10	Jennifer Cyplik	Lincoln Park MI	7	41	7	55	1:33:09	15:13/M

### Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eric Rzeppa	Sterling Heights MI	3	52	976	4	48:24	7:49/M
2	Ronald Hiestand	Mount Clemens MI	3	56	837	13	54:43	8:50/M
3	Richard Koenig	Oakland MI	7	52	82	15	57:21	9:19/M
4	David Bridges	Sterling Heights MI	7	51	5	18	59:04	9:34/M
5	Ari McEntire	Rochester Hills MI	7	52	19	19	59:15	9:35/M
6	Mark Ishner	Rochester Hills MI	3	54	973	20	59:32	9:37/M
7	Reinhard Staebler	Rochester Hills MI	7	59	26	32	1:08:53	11:08/M
8	Gary Shellenbarger	Shelby Twp MI	3	58	847	36	1:09:38	11:17/M
9	Jim Zittel	Waterford MI	3	56	991	60	1:47:19	17:24/M

### Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Becky Boyd	Rochester Hills MI	3	54	834	22	1:00:56	9:51/M
2	Martina Alcock	Rochester Hills MI	3	52	832	33	1:08:54	11:08/M
3	Diane Prainito	Clarkston MI	3	57	987	34	1:09:14	11:12/M
4	Aleta Moffitt	Rochester Hills MI	7	55	21	39	1:12:22	11:45/M
5	Teresa Ingle	Rochester MI	7	58	14	46	1:18:07	12:38/M
6	Jacqueline Brown	Washington MI	7	54	6	58	1:45:48	17:12/M

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### Male 60 to 69

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1	Ken Jackson	Naperville IL	3	65	284	10	52:56	8:32/M
2	Stephen Szuber	Shelby Twp. MI	7	62	28	25	1:03:02	10:12/M
3	Dale Zarzycki	Harrison Twp MI	7	63	33	29	1:05:39	10:38/M
4	Jon Hayes	Richmond MI	3	65	975	59	1:46:06	17:12/M

### Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Div</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sylvia Marlin	Waterford MI	7	64	18	16	57:50	9:21/M
2	Linda Tingley	Rochester Hills MI	7	65	29	52	1:24:20	13:39/M
3	Teresa Maiorano	Fraser MI	3	61	839	53	1:31:41	14:59/M
4	Jaema Berman	Keego Harbor MI	7	66	3	54	1:33:04	15:05/M