

Race Date
November 07, 2020

Run the Bends 5 Mile and 10 Mile Runs

Age Group Results

5 Mile

Male Overall Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|---------------------|------------|---------------|----------------|-------------|-------------|
| 1 | Malik Jordan | Westland MI | 23 | 372 | 1 | 35:09 | 7:02/M |
| 2 | Dan Bart | Troy MI | 17 | 352 | 2 | 35:12 | 7:03/M |
| 3 | Greg Kuhn | Sterling Heights MI | 42 | 374 | 3 | 38:56 | 7:47/M |

Female Overall Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|--------------------|------------|---------------|----------------|-------------|-------------|
| 1 | Jaime Siskosky | Oakland MI | 39 | 378 | 6 | 41:32 | 8:18/M |
| 2 | Olivia Eddy | Rochester Hills MI | 26 | 350 | 7 | 42:01 | 8:24/M |
| 3 | Katie Lackowski | Bruce Township MI | 43 | 339 | 14 | 47:08 | 9:26/M |

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Male 99 and Under

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------------|----------------------|------------|---------------|----------------|-------------|-------------|
| 1 | Craig Mulhinch | Troy MI | 58 | 302 | 4 | 40:46 | 8:09/M |
| 2 | Josh Sylvester | Saginaw MI | 40 | 355 | 5 | 40:53 | 8:11/M |
| 3 | Richard Cumming | Rochester MI | 55 | 340 | 8 | 42:16 | 8:27/M |
| 4 | Michael Devilling | Rochester MI | 54 | 346 | 9 | 43:44 | 8:45/M |
| 5 | Jim Hinkson | Rochester MI | 29 | 75 | 10 | 45:01 | 9:00/M |
| 6 | Mike Vasile | Shelby Twp MI | 23 | 375 | 11 | 45:29 | 9:06/M |
| 7 | Thomas Mingledorff | Canton MI | 57 | 345 | 12 | 45:57 | 9:12/M |
| 8 | Steve Dutschke | Ferndale MI | 32 | 336 | 13 | 46:18 | 9:16/M |
| 9 | Steve Spalding | Roseville MI | 65 | 377 | 15 | 49:00 | 9:48/M |
| 10 | Mervin Celestine | Clinton Township MI | 47 | 333 | 16 | 49:48 | 9:58/M |
| 11 | Chris Barney | Washington MI | 49 | 304 | 17 | 49:52 | 9:58/M |
| 12 | Mark Brudnak | Oakland MI | 52 | 331 | 19 | 49:58 | 10:00/M |
| 13 | Justin Minaudo | Shelby Township MI | 32 | 301 | 20 | 50:00 | 10:00/M |
| 14 | Chester Karash | Lake City MI | 64 | 353 | 21 | 50:43 | 10:09/M |
| 15 | Dale Zarzycki | Harrison Township MI | 63 | 349 | 22 | 51:21 | 10:16/M |
| 16 | Robert Belcoure | Macomb MI | 55 | 351 | 23 | 51:58 | 10:24/M |
| 17 | Andrew Leggat | Sterling Heights MI | 39 | 338 | 26 | 53:49 | 10:46/M |
| 18 | Jerry Boyd | Clinton Township MI | 14 | 335 | 28 | 53:58 | 10:48/M |
| 19 | Scott Sawinski | Shelby Twp MI | 41 | 327 | 29 | 54:26 | 10:53/M |
| 20 | Zachary Lennon | Southfield MI | 31 | 367 | 32 | 55:29 | 11:06/M |
| 21 | Tom Greer | Leonard MI | 43 | 344 | 34 | 55:58 | 11:12/M |
| 22 | Ben Hoste | Washington MI | 43 | 326 | 35 | 57:29 | 11:30/M |
| 23 | Victor Gonzales | Rochester MI | 53 | 357 | 36 | 58:13 | 11:39/M |
| 24 | Reinhard Staebler | Rochester Hills MI | 60 | 50 | 38 | 58:36 | 11:43/M |
| 25 | Timothy Brown | New Baltimore MI | 64 | 83 | 39 | 58:38 | 11:44/M |
| 26 | Bill Borquez | Royal Oak MI | 59 | 328 | 40 | 59:01 | 11:48/M |
| 27 | Rob Almon | Clinton Township MI | 49 | 322 | 42 | 1:00:12 | 12:02/M |
| 28 | Tim Hiatt | Rochester Hills MI | 49 | 373 | 43 | 1:01:20 | 12:16/M |
| 29 | Michael Dineen | Lexington MI | 59 | 303 | 45 | 1:02:52 | 12:34/M |
| 30 | Ajay Behl | Shelby Twp MI | 56 | 359 | 46 | 1:03:00 | 12:36/M |
| 31 | Tom Magnes | Macomb MI | 58 | 316 | 48 | 1:03:16 | 12:39/M |
| 32 | Greg Malinowski | Royal Oak MI | 52 | 109 | 50 | 1:03:32 | 12:42/M |
| 33 | Jason Gray | Clinton Township MI | 33 | 334 | 57 | 1:05:51 | 13:10/M |
| 34 | Joshua Grossman | Royal Oak MI | 37 | 313 | 58 | 1:06:07 | 13:14/M |
| 35 | Rick Solecki | Troy MI | 63 | 376 | 62 | 1:09:05 | 13:49/M |
| 36 | Sean Fitzgerald | Clarkston MI | 56 | 311 | 63 | 1:11:02 | 14:13/M |

Female 99 and Under

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|--------------|-----------------|--------------------|------------|---------------|----------------|-------------|-------------|
| 1 | Susan Staugaard | Rochester Hills MI | 33 | 347 | 18 | 49:57 | 10:00/M |

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|--------------|---------------------|---------------------|------------|---------------|----------------|-------------|-------------|
| 2 | Natalie Demitchell | Macomb MI | 56 | 342 | 24 | 53:06 | 10:37/M |
| 3 | Carley Woodhull | Shelby Township MI | 34 | 364 | 25 | 53:30 | 10:42/M |
| 4 | Jennifer Leggat | Sterling Heights MI | 41 | 337 | 27 | 53:49 | 10:46/M |
| 5 | Cathy Frank | Rochester MI | 46 | 363 | 30 | 54:56 | 10:59/M |
| 6 | Megan Blancke | Washington MI | 28 | 366 | 31 | 55:29 | 11:06/M |
| 7 | Kristine St. Onge | Macomb MI | 46 | 358 | 33 | 55:54 | 11:11/M |
| 8 | Jackie Trepkowski | Grand Blanc MI | 49 | 310 | 37 | 58:35 | 11:43/M |
| 9 | Olivia Gorial | Sterling Heights MI | 52 | 361 | 41 | 59:03 | 11:49/M |
| 10 | Martha Childs | Troy MI | 65 | 343 | 44 | 1:01:30 | 12:18/M |
| 11 | Jodi Byers | Rochester MI | 62 | 319 | 47 | 1:03:12 | 12:39/M |
| 12 | Suzanne Dunn | Rochester MI | 54 | 332 | 49 | 1:03:19 | 12:40/M |
| 13 | Kom Darling | Dewitt MI | 56 | 315 | 51 | 1:04:16 | 12:51/M |
| 14 | Nancy Seelye | Bath MI | 69 | 314 | 52 | 1:04:19 | 12:52/M |
| 15 | Kathy Preisel | Shelby MI | 60 | 323 | 53 | 1:04:23 | 12:53/M |
| 16 | Emily Rogers | Roseville MI | 16 | 324 | 54 | 1:05:29 | 13:06/M |
| 17 | Jennifer Uppleger | Casco MI | 53 | 371 | 55 | 1:05:43 | 13:09/M |
| 18 | Chelsea Lonsdale | Plymouth MI | 35 | 329 | 56 | 1:05:44 | 13:09/M |
| 19 | Amy Greenhoe | Royal Oak MI | 59 | 318 | 59 | 1:06:43 | 13:21/M |
| 20 | Shannon Hoste | Washington Township | 43 | 325 | 60 | 1:06:48 | 13:22/M |
| 21 | Julie Dedene | Sterling Heights MI | 31 | 321 | 61 | 1:08:30 | 13:42/M |
| 22 | Tina Persha | Rochester Hills MI | 63 | 312 | 64 | 1:11:02 | 14:13/M |
| 23 | Christy Bartle | Livonia MI | 39 | 309 | 65 | 1:12:04 | 14:25/M |
| 24 | Kristina Alcorn | Royal Oak MI | 54 | 365 | 66 | 1:14:25 | 14:53/M |
| 25 | Sue Mott | Almont MI | 67 | 356 | 67 | 1:15:45 | 15:09/M |
| 26 | Kristen Scates | Lansing MI | 38 | 348 | 68 | 1:21:33 | 16:19/M |
| 27 | Rea Caloia | Livonia MI | 51 | 307 | 69 | 1:26:32 | 17:18/M |
| 28 | Elizabeth Kretunski | Livonia MI | 61 | 308 | 70 | 1:26:40 | 17:20/M |
| 29 | Marilyn Winningham | Detroit MI | 63 | 354 | 71 | 1:32:18 | 18:28/M |
| 30 | Dawn Hogan | Clinton Township MI | 45 | 362 | 72 | 1:33:16 | 18:39/M |
| 31 | Maggy Zidar | Pontiac MI | 70 | 360 | 73 | 1:41:48 | 20:22/M |